START HERE

Decision tree for the RestART Toolkit

can also be used for the online courses

RestART EUROPE

Step 1

Do you know how to start a mentoring process with your mentee?

Yes

Step 2

Would you like to improve in the relationship with your mentee?

Yes

Step 3

What would you like to improve with the relationship with your mentee?

Trust & Communication

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2. Mutual job shadow - p.22
3. Goal related news discussion - p.23
4. How to give feedback - p.39
5. The 4cs of mentoring - p.48

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Mentoring Track Planning

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6. Prioritisation matrix - p.107
7. Plan b technique - p.151

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Negotiation

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4. Negotiation approaches - p.49

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Bonding

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No

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11. The ideal mentor - p.36
12. Practical checklist - p.38
13. Mentoring strategy - p.47
14. The 4cs of mentoring - p.48

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No

Step 4

I'm seeking for other improvements

Step 5

Would you like to develop mentees' soft skills?

No

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Yes

Step 6

What would you like to develop in mentees' soft skills?

Social Skills

Communication

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3. The feedback game - p.54
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Communication

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Problem Solving

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Step 9

Are you aware of the ending mentoring process?

Yes

You are on the right path!

No

Step 10

About what you would like to know more?

Process Evaluation

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2. Reflective journaling - p.155
3. Timeline of growth - p.157

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Feedback

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Empowerment

1. What defines success? And do I have it? - p.153
2. Empowering collage - p.154

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No

Step 7

Would you like to develop mentees' hard skills?

Yes

Step 8

What would you like to develop in mentees' hard skills?

Analytical Skills

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Strategic Planning

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Co-funded by the Erasmus+ Programme of the European Union

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